



SEA KAYAK

A short course covering sea kayaks, equipment, communication, emergencies, planning, weather, rules, and navigation.



Aim: To gain essential knowledge on sea kayaking and safety.

Duration: 3 hours

Qualification: Sea Kayak Certificate

Modules

- **Sea Kayaks**
 - Parts of a Kayak
 - Capabilities
 - Maintenance
 - Skills/Fitness
- **Equipment**
 - Essential Equipment
 - Other Equipment
- **Communication**
 - Communication Tools
 - Communication Practices
- **Emergencies**
 - Judgment
 - Rescues (Self & Others)
 - Calling For Assistance
- **Trip Planning**
 - Planning
 - Solo and Group Paddling
 - Leadership
- **Wind, Weather Forecasts and Sea Conditions**
 - Wind
 - Marine Forecasts
 - Weather Forecasts
 - Hazards
- **Rules and Regulations**
 - Rules of the Road at Sea
 - Lights
 - Regulations
- **Navigation**
 - Navigating Tools & Skills
 - Sea Kayak Navigation

Sea Kayak Home Study Courses

Now you can learn in the comfort of your own home at your own pace. Ideal for people who cannot attend a Sea Kayak course due to a restricted schedule or geographical location.

Includes:

Sea Kayak Manual, Study Guide and Assessment Pack.